



Ryan White Planning Council Aged Needs Assessment 2019

HIV & AGING

Currently in the United States, over half of people living with HIV are 50 or over. These individuals are coping with 2 challenges, the stresses of growing older along with the challenges of living with HIV.

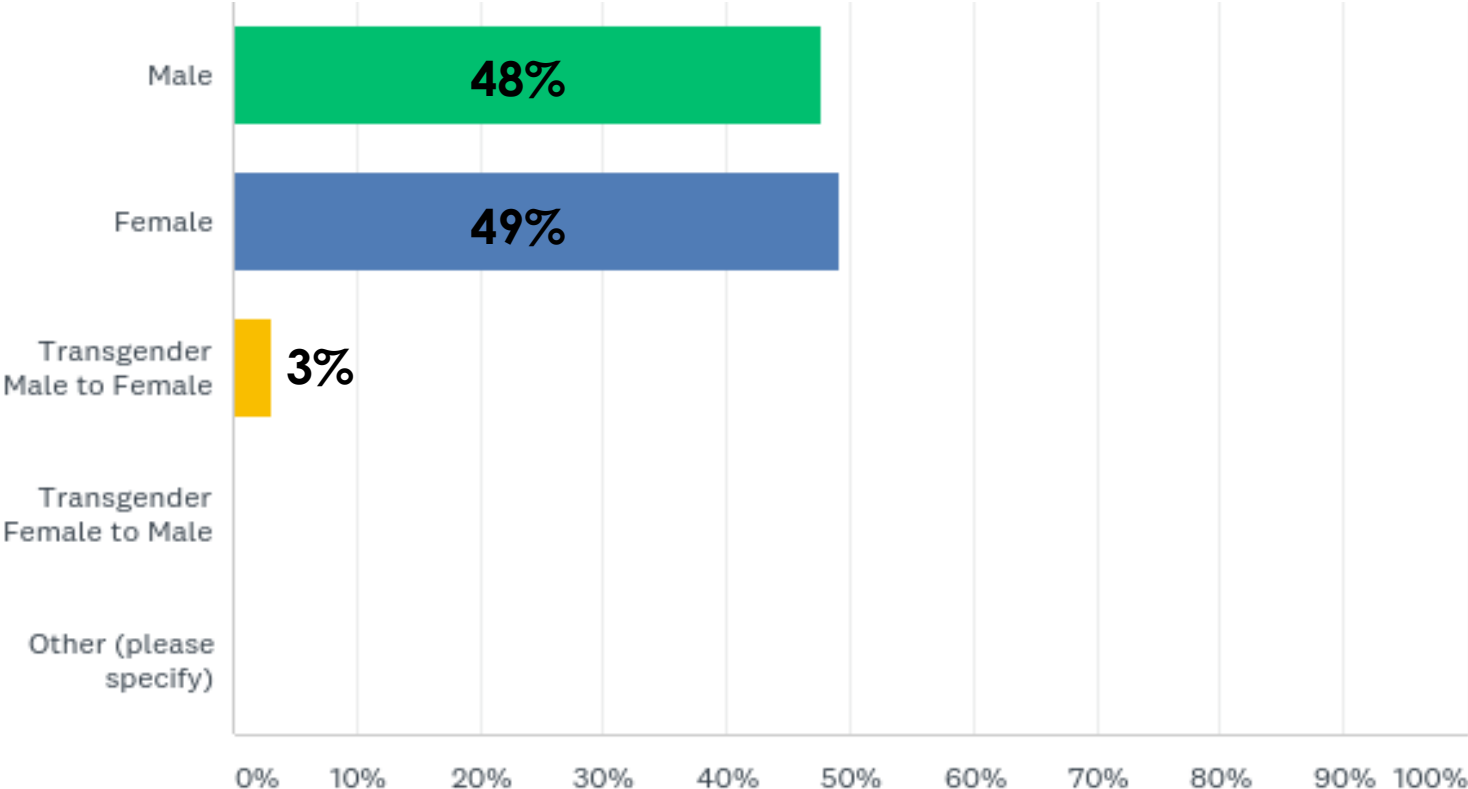
The purpose of this needs assessment is to address any unique needs or challenges that our clients may be facing as someone who is 50 or older living with HIV.



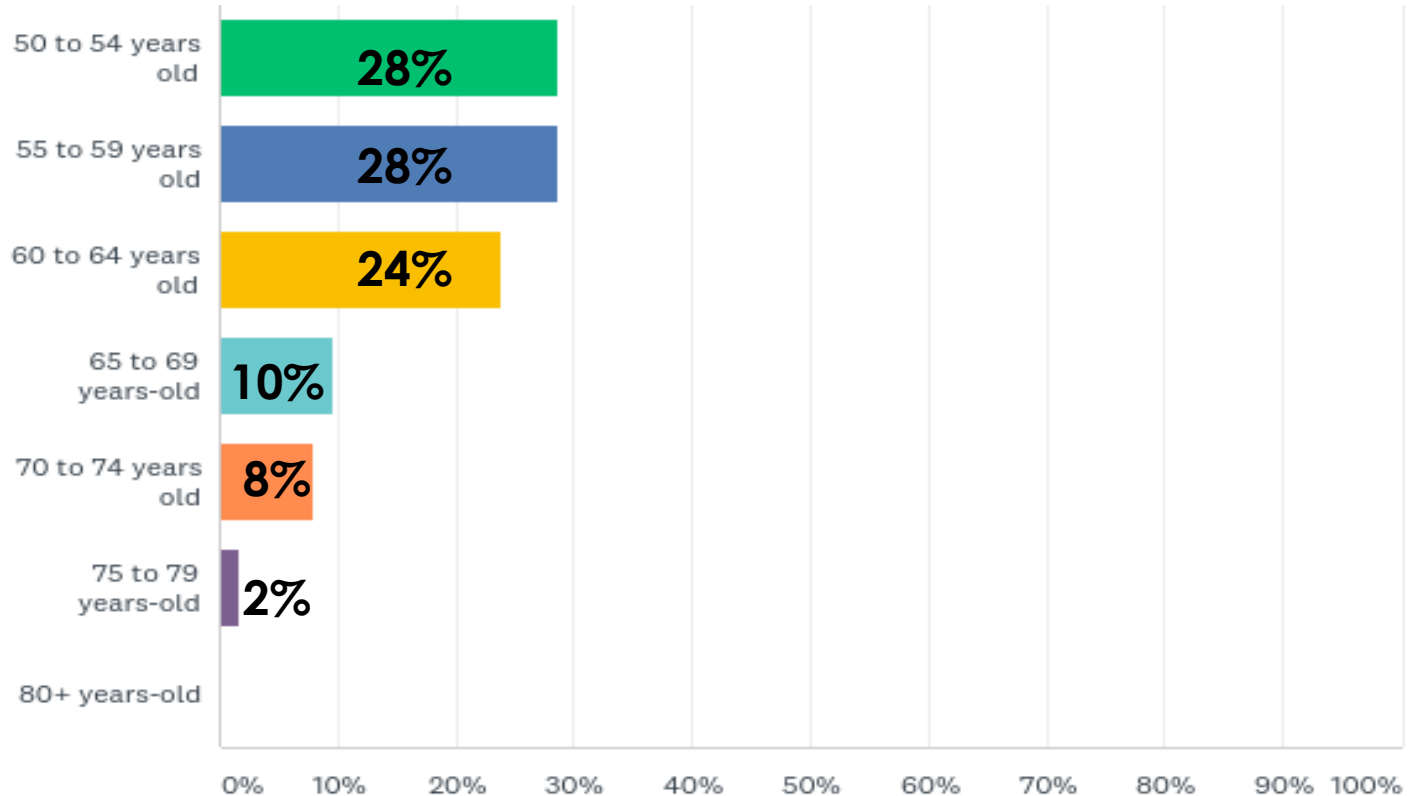
REQUIREMENTS

1. Being 50 years of age or older
2. Being HIV positive
3. Living in New Haven or Fairfield Counties

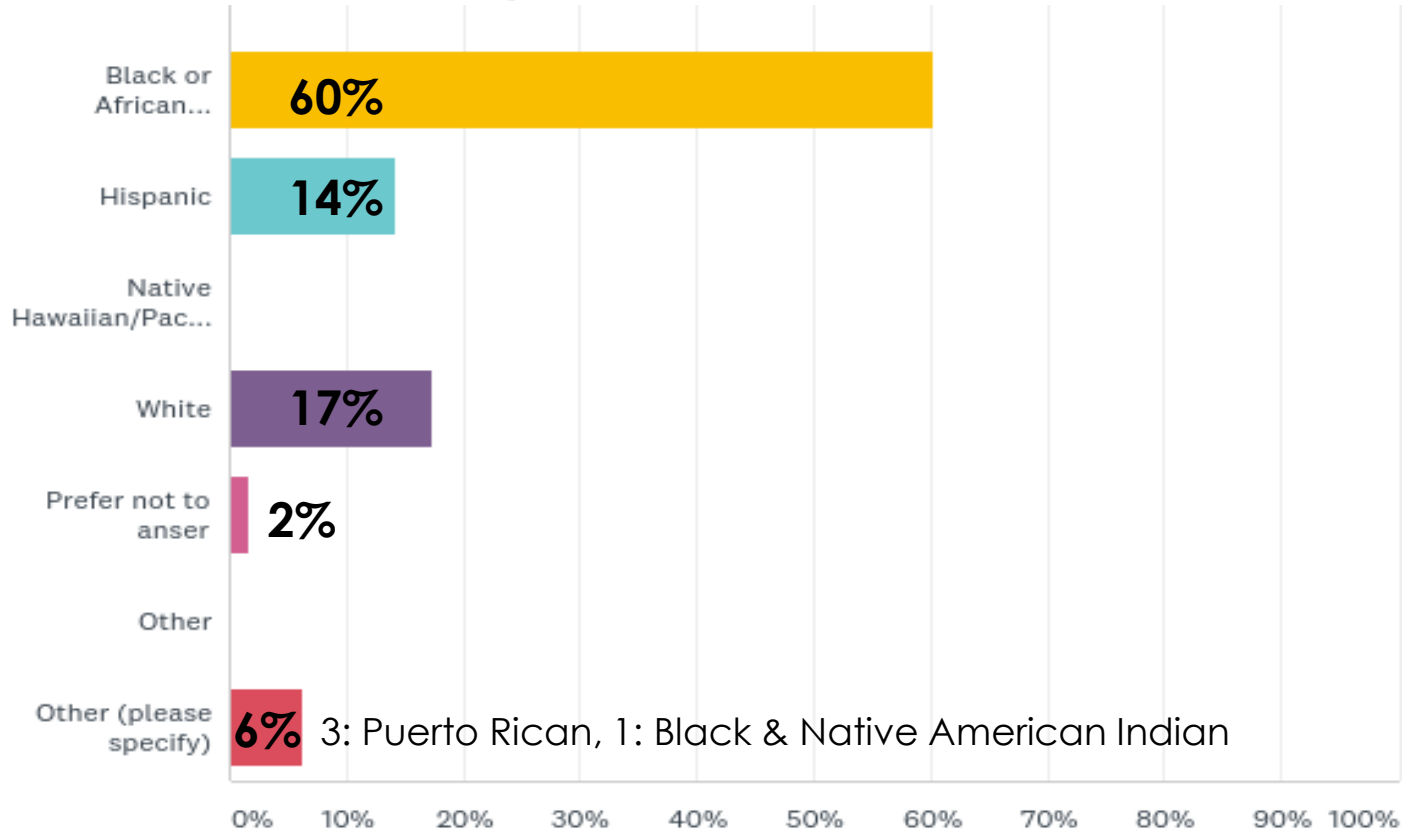
GENDER IDENTITY



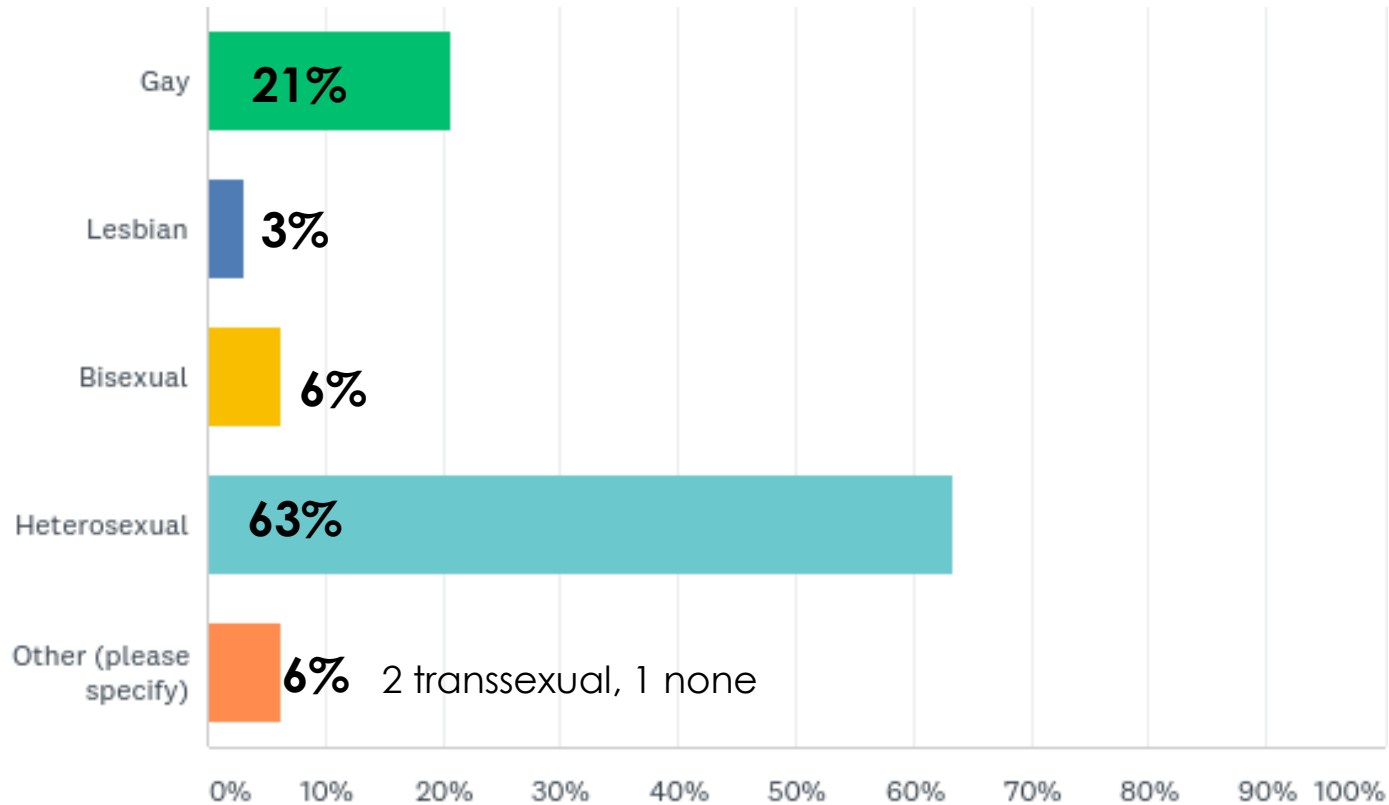
AGE RANGES



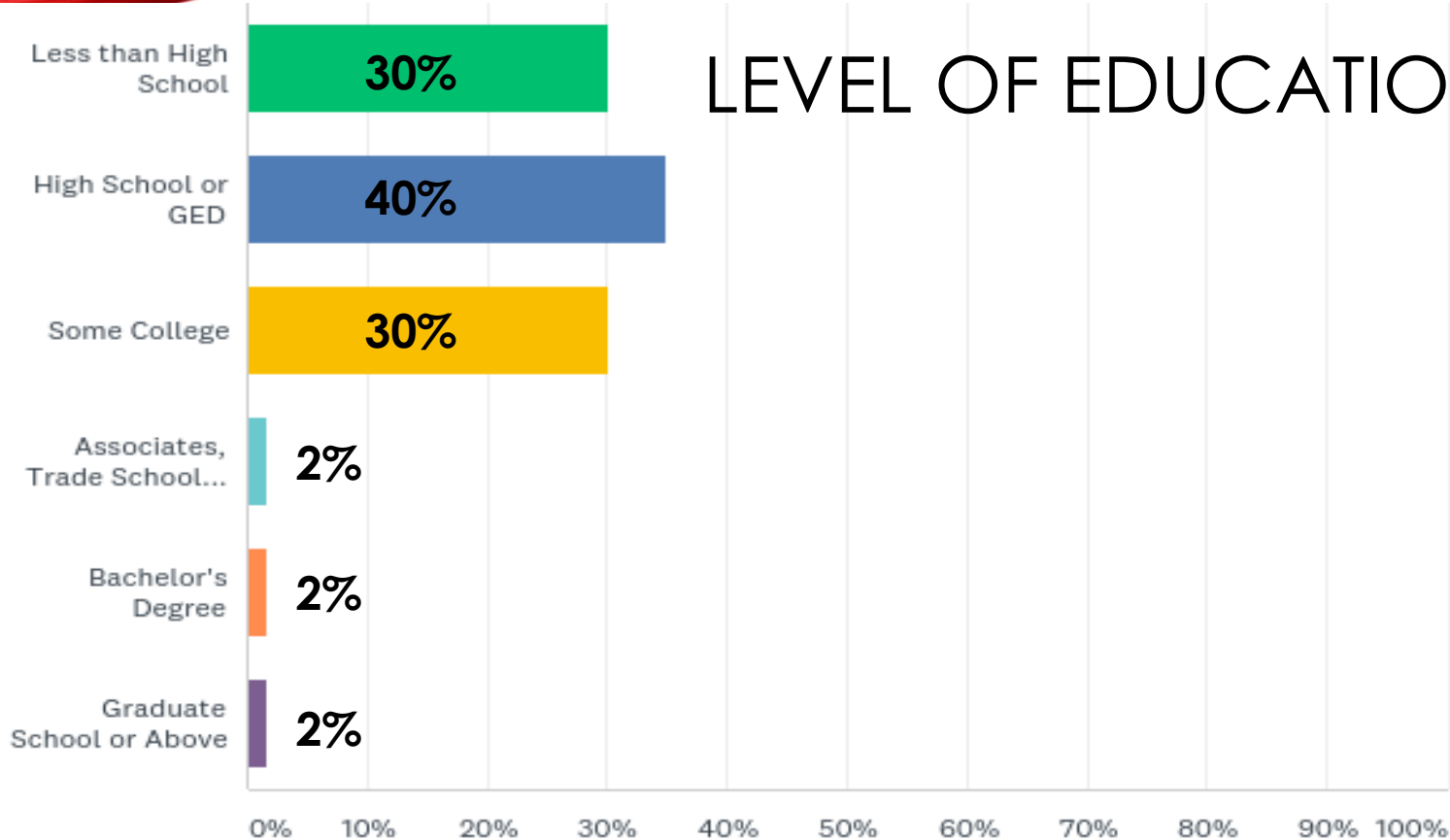
RACE/ETHNICITY



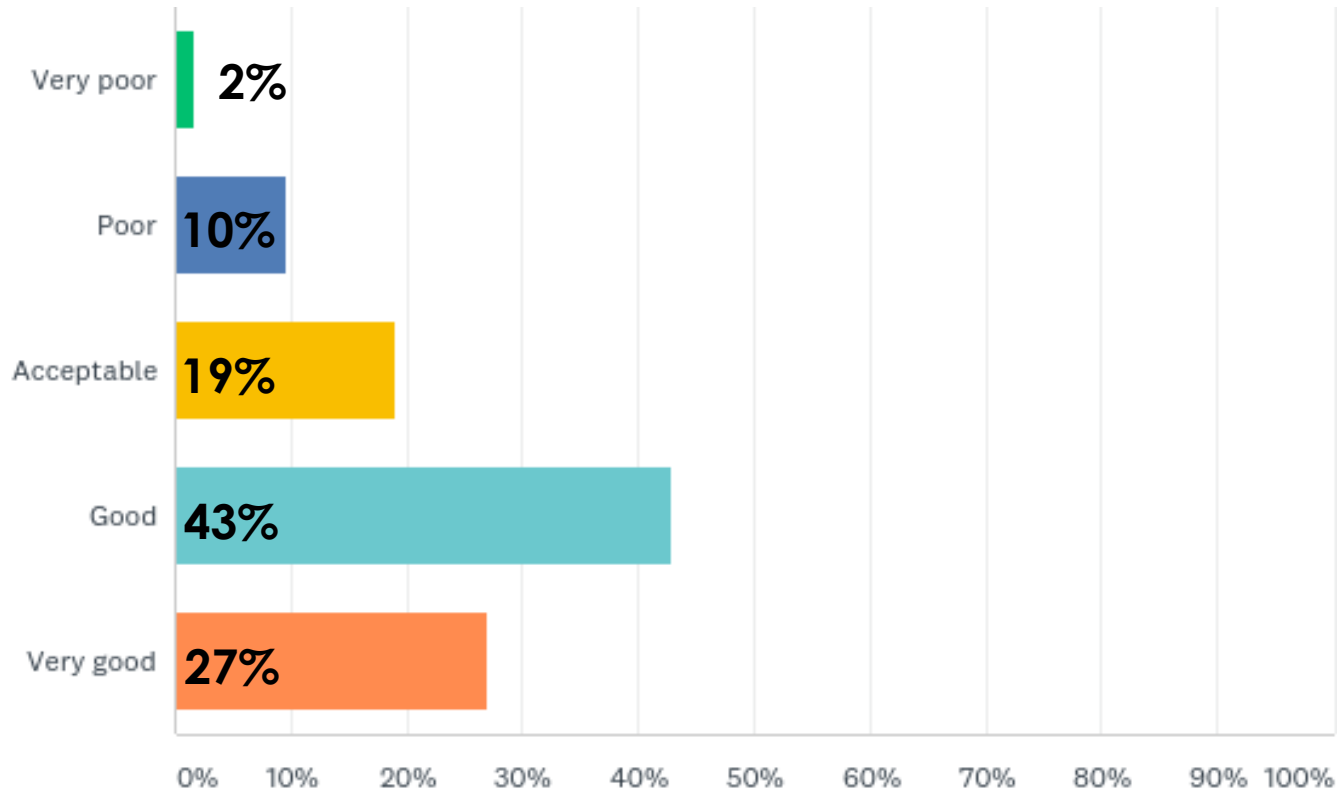
SEXUAL ORIENTATION



LEVEL OF EDUCATION



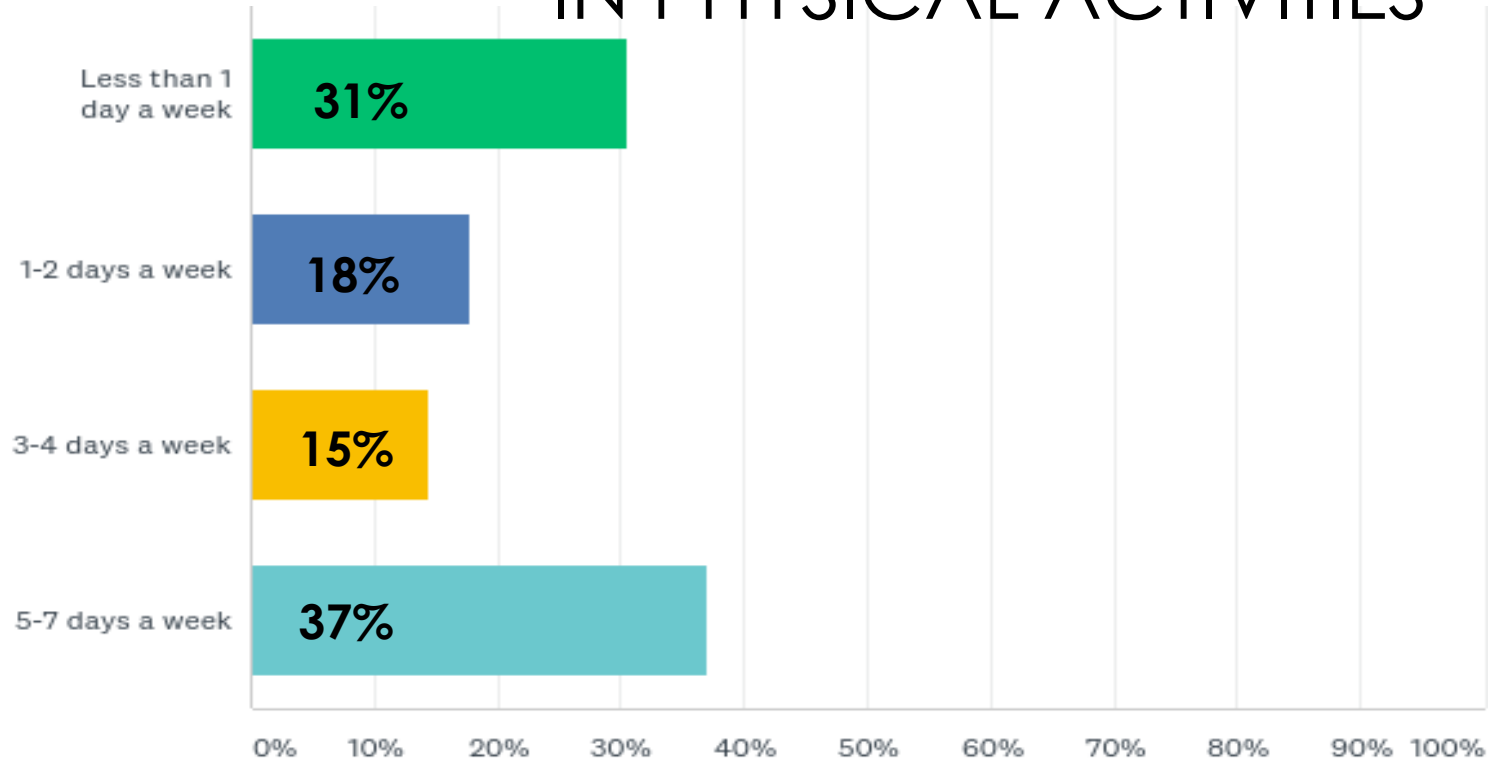
OVERALL HEALTH



MOST COMMON CONDITIONS

- Asthma 32%
- Arthritis 56%
- Behavioral Mental Health Diagnosis 46%
- Bronchitis 25%
- Diabetes 22%
- Headaches/Migraines 30%
- Hepatitis (A,B,C) 41%
- High Cholesterol 29%
- Hypertension 49%
- Sleep Disorder 30%
- Substance Use 29%

HOW OFTEN DO YOU PARTICIPATE IN PHYSICAL ACTIVITIES



SUMMARY OF INFORMATION

- What are your overall eating habits? 78% of people who answered this feel that they eat between somewhat healthy and very healthy
- Have you ever received Ryan White Services? 27% people who answered this feel said that they have never received services from Ryan White.
- What is your work status? 51% of people who answered this are unable to work due to having a disability
- What is your housing situation? 70% people who answered this rent an apartment or a home
- Types of problems you have? The most common problems we heard about were struggling financially, feeling bored and difficulty getting clothing and personal care supplies

Quality of Life

- 87% of people who answered this feel their quality of life is between acceptable and very good
- Over 30% of people felt Depression, isolation, survivors' guilt, cognitive impairment, poor concentration and loss of memory
- Between 61%-79% of people feel connected to their neighbors, safe in their home, have someone to call if they need help and have people they can count on
- Over 60% of people felt they need emotional support sometimes and 56% of them go to support groups and they all find them helpful.
- **Most Pressing Issues in your Community:** Alcohol and drug abuse, housing affordability, homelessness, access to healthy food, lack of transportation and mental health issues
- **Most Needed Services for the Aging HIV Community:** Affordable housing, health and wellness programs, access to healthy food, nutrition and transportation.



Questions and Discussion